



# THE 24<sup>TH</sup> FHC CHINA INTERNATIONAL CULINARY ARTS COMPETITION 第二十四届FHC中国国际烹饪艺术比赛 RULES REGULATIONS 比赛规则

8-10 / November / 2023

2023年11月8-10日

Shanghai New International Expo Centre

上海新国际博览中心

版本截至2023年10月25日, 主办方将不时根据赛事组委会要求进行部分内容的调整和修正, 敬请留意!

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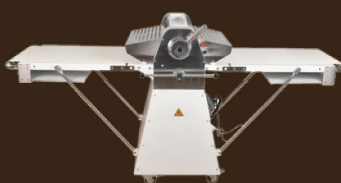


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2021FHC中国国际甜品烘焙比赛  
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## A. CULINARY ART DISPLAYS

### 烹饪艺术 – 展评类

A-01 Fruit & Vegetable Carving – Display 食蔬果雕刻 – 展评	.....
A-02 Western Three Course Menu 西式三道菜 – 展评	.....
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## C. WESTERN CUISINE CHALLENGE

### 西式烹饪挑战赛

C-01 NZ Maimoa Lamb Western Main Course 新西兰 Maimoa 羊肉西式主菜烹饪	.....
C-02 U.S. Chicken Western Main Course 美国鸡肉西式主菜烹饪	.....
C-03 LBF Australian Beef Western Course 丽德尔西式澳洲牛肉主菜烹饪	.....
C-05 IS Seafood Halibut Western Main Course 冰岛比目鱼西式主菜烹饪	.....
C-06 U.S. Pork Western Cuisine Main Course 美国猪肉西式主菜烹饪	.....
C-07 Sumerians Truffle Western Main Course 曾味松露西式主菜烹饪	.....
C-08 U.S. Potatoes Innovation Western Cuisine 美国马铃薯创新西餐烹饪	.....
C-09 EWEN Pasta Western Main Course 西式意大利面主菜烹饪	.....
C-10 EWEN Arborio Rice Western Main Course 西式欧萨意大利阿波罗大米主菜烹饪	.....

## D. CHINESE CUISINE CHALLENGE

### 中式烹饪挑战赛

D-01 Chu Dao Cellophane Noodle Cuisine 中式初道粉丝烹饪	.....
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D-02 NZ Maimoa Lamb Chinese Main Course 新西兰 Maimoa 羊肉中式主菜烹饪 .....	
D-03 U.S. Chicken Chinese Main Course 美国鸡肉中式主菜烹饪 .....	
D-04 U.S. Potatoes Chinese Cuisine Innovation 美国马铃薯中式创新烹饪 .....	
D-05 U.S. Pork Chinese Cuisine Main Course 美国猪肉中式主菜烹饪 .....	
D-06 MINDONGYIYU Yellow Croaker Chinese Main Course 闽东壹鱼 - 黄鱼中式主菜烹饪 .....	
D-07 Sumerians Truffle Chinese Main Course 曾味松露中式主菜烹饪 .....	

## F. PASTRY & BAKERY COMPETITION

### 甜品烘焙比赛

F-01 Theme Afternoon Tea - Display 主题下午茶 - 展评 .....	
F-02 Buffet Showpiece - Display 自助餐造型 - 展评 .....	
F-03 Fondant Cake - Display 翻糖蛋糕 - 展评 .....	
F-04 Plate Dessert - Live 盘式甜品 - 现场制作 .....	
F-05 Bread Baking & Display - Live 面包烘焙及展示 - 现场制作及展评 .....	
F-06 Cake Decoration - Live 韩式裱花 - 现场制作 .....	
F-07 SWISS ROLL & POUND Cake - Live 瑞士卷和磅蛋糕 - 现场制作 .....	
F-08 SOUFFLE - Live 舒芙蕾 - 现场制作 .....	
F-09 Chocolate Fondant Cake - Live 巧克力熔岩蛋糕 .....	
F-10 Gelato Cup Dessert and Gelato Snacks (3 types) - Live .....	
杯子冰淇淋甜品和 Gelato Snacks 冰淇淋小点心 (3 种) — 现场制作 .....	



# MESSAGE OF WELCOME 欢迎词



Dear Competitors, Judges and Organizers.

What an FHC we will have this November 2023 in Shanghai! We have the whole World Association of Chefs Culinary Committee Coming to not only judge this event, but also to help move our Chinese judges to the next level. Competitors that take home a gold medal or any medal at FHC 2023 in Shanghai, can virtually win a gold medal in most countries of the world!. Competitions are about training, and this is the same for judges, learning the skills and gaining the knowledge to be the best in your field.

This year at FHC, we will be introducing a new up-beat event, the Shanghai International Culinary Challenge, National team from around the world, Will be using this opportunity to practice skills and techniques that they will showcase at the 2024 IKA Culinary Olympics. 8 very lucky dinners will have the Opportunity to dine on food from USA, Italy, Australia, China etc it will be a culinary Mecca.

Record number of local chefs will display their talents and culinary mastery during this 4 day food extravaganza and you better mark it in your diary to be there, or Tune into one of the live feeds to see the chefs in action.

The excitement is building, teams are preparing and the results should start to flow soon, don't miss your opportunity to be a part of this great event.

See you on the 8th November.

Kind regards and happy cooking!

尊敬的参赛者、评委和组织者：

2023 年 11 月，我们将在上海举办一场精彩的 FHC！我们邀请了世界厨师联合会赛事组委会的成员共同参与赛事。他们不仅担任本次赛事的评委，也帮助我们中国的评委更上一层楼。

参赛者可以在 FHC 上海环球食品展的烹饪艺术和烘焙甜品赛事上获得金银铜牌，实际上更可以通过这次赛事和实战经验在世界上大多数国家地区的赛事中赢得更好的成绩！比赛就是训练，对于评委来说也是如此，学习技能、获取知识，成为所在领域的佼佼者。

今年在 FHC，我们将推出一项新的活跃赛事——上海国际厨艺挑战赛，来自世界各地的国家队，将利用这个机会练习他们将在 2024 年 IKA 烹饪奥运会上展示的技能 and 技巧。8 位非常幸运的 VIP 嘉宾将有机会品尝来自美国、意大利、澳大利亚、中国等专业厨师烹调的美食，这里将成为 FHC 上海环球食品展的饕餮圣地。

创纪录数量的当地厨师将在这场为期 3 天的美食盛宴中展示他们的才华和烹饪技巧，建议在座的各位可以参与其中，或者收听观看现场直播，领略厨师们的现场表演。

厨艺激情正在酝酿，烹饪团队正在准备，结果应该很快就会开始显现，不要错过参与这一盛会的机会。

让我们一同相约 11 月 8 -10 日在上海新国际博览中心举办的 FHC 上海环球食品展和烹饪艺术比赛！



Dr. Rick Stephen CMC Hon.  
Rick Stephen 博士

Chairman of WorldChefs Culinary Committee  
世界厨师联合会赛事委员会主席



# MESSAGE OF WELCOME 欢迎词



Dear contestants and jury,

First of all, on behalf of the Organizing Committee of the 24th FHC China International Culinary Arts Competition, I sincerely welcome chefs all over the world.

It is literally excited to see the FHC China International Culinary Technology Competition entering its 24th birthday; the original intention of this event was to train young chefs and strengthen the communication between Chinese chefs and the world chef community to promote the development of Western cuisine in China. Since 2015, the FHC China International Culinary Arts Competition has become the only certified intercontinental event of the World Chefs Association in China, attracting many contestants worldwide. The number of participants is increasing, and the quality and internationalism of the competition are constantly improving, which leads this competition become the largest and most influential western cooking event in China.

The fast-paced world and diverse culinary industry nowadays call for enhanced exchanges between different cultures and creative ideas. During the three-day competition, the contestants will compete in 29 classed competitions including scene cooking and display. There is no doubt that such competitive competitions will provide valuable opportunities for young chefs to communicate, inspire and learn from each other. We encourage everyone to think, learn and improve through the competition, not just focus on the medals.

Finally, I would like to thank every friend who has been with the FHC China International Culinary Arts Competition for 24 years. Without your contribution, there won't be success today. At the same time, I would like to thank all the referees who participated in the 24th China International Culinary Arts Competition. Thank you for your participation as well as payments.

Wish all the contestants get good results!

尊敬的参赛选手和裁判团成员：

首先，我代表第二十四届 FHC 中国国际烹饪艺术大赛组委会，衷心的欢迎来自海内外的厨师朋友们。

我们非常激动的看到 FHC 中国国际烹饪技术大赛踏入 24 岁的生日；这项赛事创办的初衷就是培养青年厨师，加强中国厨师和世界厨师界的交流从而促进中国西餐烹饪的发展。至 2015 起 FHC 中国国际烹饪艺术大赛成为世界厨师联合会 (WorldChefs) 在中国的唯一认证洲际性赛事，吸引了更多来自世界各国的选手参加，参赛人数不断增加，让大赛品质和国际性不断提升，成为在中国最大规模，最具有影响力的西餐烹饪赛事。

当今快速发展的世界和多元化的烹饪行业呼吁加强不同文化和创意观念之间的密切交流。在为期三天的大赛中，参赛选手将在包含现场烹饪及展评在内的 29 个赛题中进行角逐。毫无疑问，这样的竞技大赛将为年轻厨师提供宝贵机会、在不同烹饪文化间进行交流、获得灵感和相互学习。我们鼓励大家通过大赛不断思考，学习和改进，而不仅仅在于奖牌。

最后，我要感谢陪伴 FHC 中国国际烹饪艺术大赛走过二十四年的每一位朋友，没有你们的付出，不会有今天的成功。同时再次感谢参与第二十四届中国国际烹饪艺术大赛的所有裁判，感谢大家的参与付出。

预祝参赛选手取得好成绩！



Clinton Zhu

朱一帆

Organizing Chairman | FHC China Culinary Arts Competition

FHC 中国国际烹饪艺术大赛组委会主席

WorldChefs International Judge

世界厨师联合会国际级裁判

Founder | FAN Culinary Education

铁帆烹饪教育创始人



# MESSAGE OF WELCOME 欢迎词



Dear Friends and Colleagues,

Greetings from Shanghai and the organizing committee of the 2023 edition of Food Hospitality China, celebrating 24 years of culinary competition.

It's been a dark and challenging for us all but FHC stands a beacon on light shining a bright future ahead for our industry. Culinary competitions of this caliber and size are rare and they present all culinary professionals and students alike with a unique learning opportunities to network together and learn from one another by sharing ideas and observing new cooking techniques, plating styles, flavor combinations, making new friends and contacts and so much more the list is endless.

Worldchefs accredited Judges will be on hand offering expert advice to all who compete in this annual must attend mega culinary event.

Friends, as professionals in the F&B arena we all know that across our industry today there is an ever increasing and alarming lack of focus on fundamental & foundational cooking skills. To help to stem the tide, once again the FHC committee has decided to take a leading role to steer a change in our competition format by running a new and very exciting competition program for Young Chefs.

All the information is inside this rule book. Without question the open categories for all chefs will be as compelling as always and to add to the excitement. Don't miss the culinary event of the year!

So, we welcome you to the City of Shanghai and the 2023 Food Hospitality Asia Culinary Challenge.

致各界朋友以及业界同仁，

这是一封来自上海大都市和 2023 年 FHC 国际烹饪艺术比赛组委会的问候，同时热烈庆祝烹饪艺术比赛 24 周年。

历经风雨和挑战，而 FHC 作为一座灯塔，始终照亮着我们行业的光明前景。

与我们同等规模和参赛人数的比赛可谓寥寥，这样的比赛汇聚烹饪行业内的佼佼者与学生，提供独一无二的机会，使大家分享彼此的想法，观察和学习别人的烹饪技巧、摆盘手法和食材搭配方式，结交新的朋友，以及更多数不尽的收获。对于许多选手来说，这场比赛是一场不容错过的厨届年度盛事。世界厨师联合会认证的裁判们从各地赶赴现场，为所有的选手们提供最专业的建议和意见。

朋友们，作为餐饮行业的专业人士，我们注意到了许多人对最根本和基础的烹饪技巧缺乏重视。为了改变这样的现状，组委会再一次决定率先做出变革，对以往的比赛形式进行调整，为青年厨师举办新的比赛项目。

本届 FHC 中国国际烹饪艺术比赛，意在使选手们能够更加注重培养自己的基础烹饪技能。

所有的信息都可在这本赛事手册中查询。面向所有厨师的公开组别比赛项目将一如既往地引人注目，激烈程度可想而知。千万不要错过今年的烹饪盛会！

最后，欢迎你来到上海以及 2023 年 FHC 中国国际烹饪艺术比赛。



Jacqueline Qiu

邱琼

Head Judge - FHC Culinary Arts Competition

FHC 烹饪艺术比赛 赛事裁判长



## General Competition Rules and Regulations

Entrants will be disqualified if there is any violation of the following rules and regulations

### Official Rules and Regulations:

Participants should carefully read the rules and regulations of this competition. Any violations will result in disqualification from the competition.

- 1) The referee's assessment is final, and participants are not allowed to raise objections.
- 2) The competition is open to chefs from various countries, regardless of their nationality.
- 3) Contestants must ensure that during the judging process, there are no names, logos, or patterns containing their affiliated units. After the evaluation is completed, the above patterns and words can be placed.
- 4) Once registered, if the contestant is unable to participate due to their own reasons, no refund is allowed.
- 5) Participants who need to cancel the competition due to unforeseen circumstances should immediately notify the organizer.
- 6) The organizer is not responsible for any damage or loss to the contestants' equipment, entries, or equipment.
- 7) Before the event closes, contestants should be present at the competition site throughout the entire process in order to prepare to evacuate exhibits and equipment.
- 8) The organizer reserves the right to cancel, modify or supplement these rules and regulations.
- 9) The organizer has the right to use, for free, the names, portraits, personal information, recipe card content, dish images, on-site photos, etc. of participants arising from the competition for related events  
Promotion activities, including but not limited to pre competition warm-up, post competition review, event live streaming, and event zone.
- 10) Contestants are required to compensate for the loss or damage of items provided by the organizer at the same price.

### Date and Venue:

8-10 November, 2023

Shanghai New International Expo Centre (SNIEC) (No.2345 Longyang Road, Pudong District, Shanghai)

### Public Transportation:

- 1) Airplane: It is recommended to choose Shanghai Pudong Airport.
- 2) Metro: Shanghai Rail Transit Line 7 Huamu Road station or Line 2 transfer to Line 7 at Longyang Road station to Huamu Road station.
- 3) Railway: Shanghai Hongqiao Railway Station: take Metro Line 2 and transfer to Line 7 at Longyang Road to Huamu Road station;  
Shanghai Railway Station: Take Metro Line 4 (inner circle) to Century Avenue and transfer to Longyang Road, Metro Line 2, then transfer to Line 7 to Huamu Road station, or Metro Line 1 to People's Square Station and transfer to Line 2 and then transfer to Line 7.
- 4) Self driving: Please check the route and parking area around the exhibition hall in advance

The above route information is for reference only. Please check the map or navigation according to your own situation and confirm the route.





## **Registration and instructions:**

- 1) By following the official WeChat official account of "FHC Global Food Trade Show Shanghai", reply to the keyword "Cooking Competition Registration", and click the registration link to register online.
- 2) Once the registration is confirmed, the organizer will send important information such as the entry code and QR code of the contestant through SMS, email, or WeChat message, and notify the contestants. Please pay attention to the relevant information.
- 3) Each contestant can register for a maximum of 2 competition events, and a registration fee of 250 yuan will be charged for each event.
- 4) Once the registration is confirmed, if the contestant withdraws due to personal reasons, the registration fee will not be refunded.

## **Registration invoice:**

To be supplemented.....

## **Proof of participation:**

Each contestant who has successfully registered and actually participated in the competition will receive a certificate of participation from World Association of Chefs Societies (WACS)

## **Medals and certificates:**

Referring to P105.

P.S. All award-winning contestants must wear the chef's uniform and standard chef's hat provided by the organizer to participate in the award ceremony.

## **Award Ceremony:**

The list of winners who have achieved results in the competition on that day will be presented

The list of winners who have achieved results in the previous and current events will be presented at 13:00 pm on November 10, 2023

The specific award time shall be subject to the final notification from the organizer. The winning list will be sent by the organizer to the contestant community or posted on the results bulletin board at the competition site.

## **Assistant application:**

- 1) Each contestant can bring at least one contestant assistant. The assistant must scan the following QR code for online real name authentication. If the assistant is temporarily changed, scan the QR code below again for online real name authentication.
- 2) Assistants only assist contestants in material transportation, sorting, and other work; Before the start of the competition, the assistant must evacuate the competition site as soon as possible.
- 3) The assistant entry badge will be distributed along with the contestant's entry badge.



# RULES & REGULATIONS 大赛规则及条例



## **Contestant registration and material collection:**

- 1) The host arranges to check in the contestants at the North Hall of Shanghai New International Expo Center from 10 a.m. to 4 p.m. on November 6-7, 2023.
- 2) When the contestant reports, they will collect the competition materials on site: one entry badge for the contestant, one assistant badge (if applicable), blank recipe cards (2 for each competition item), one chef's uniform, and blank sticky notes.

## **Dressing requirements for competition:**

Participants must wear the standard chef's uniform provided by the organizer and wear a competition badge. The uniform does not contain any signs, patterns, or text that may indicate the affiliation of the participant, and only the badge number is allowed to be displayed. Participants must wear standard chef hats and chef shoes (prepared by the participants themselves), and must not contain any signs, patterns, or words that may indicate the affiliation of the participants.

## **Schedule:**

The organizer will post competition schedule at least one month before the competition. Participants are requested to check the specific competition time based on the competition code. All participants should participate in the competition according to the specified time. If the contestant fails to participate in the competition on time, they will be automatically disqualified from the competition.

## **Judges:**

Participants and their assistants are not allowed to talk to the judges on the day of the competition, whether before or during the evaluation period.

## **Positioning of competition works:**

Before the contestants complete their work and leave the operating platform, please write the entry code on the blank sticker provided by the organizer and paste it on the work tray. Place recipe cards without the name of the participant's organization correctly in front of the work.

## **During the evaluation:**

During the judging period, participants are not allowed to enter the competition area.

## **Post match cleaning:**

- 1) After evaluate from judges, all participating works will continue to be displayed for the audience to visit. Due to limited space, priority will be given to showcasing the winning works in the competition.
- 2) Damaged entries will be cleaned by participants after 16:00 on the day of the competition.
- 3) The organizer reserves the right to dispose of the entries after the evaluation is completed, without prior notice to the participants.
- 4) Please do not pour garbage and oil into the sink. Once found, the eligibility for the competition will be cancelled.



## Equipments of Competition:

Individual Chinese and Western Food Competition:

- 1) Each console: 4 sets of single head plane Induction cooking, 4 sets, 1 set of electric surface furnace, 1 set of universal steam oven, water pool and water device, and 2 sets of household 220V sockets.
- 2) Shared area: 1 refrigerator, 1 freezer

Bakery Dessert Competition:

- 1) Each console: 1 cook machine, 1 horizontal refrigerator console, 1 flat Induction cooking
- 2) Shared area: 2 universal steam ovens, 5 awakening ovens, 5 hot air ovens, and an integrated oven, 3 three-layer and 6-plate Wager ovens (with stone slabs, steam, and smoke hoods for each layer), 3 hot air oven ovens, 4 fast freezers with 10 plate, 3 independent drying ovens with 36 plate, and 30 standard baking trays in size 400 \* 600 .

**Organizer has the final authority for explanation.**



## 大赛条例和信息

若有任何违反行为，将被取消大赛资格

### 总则和条例：

参赛者请仔细阅读本大赛规则和条例，若有任何违反行为，将被取消大赛资格。

- 1) 裁判评定为最终决定，参赛者不得提出异议。
- 2) 大赛面向各国厨师，不论其国籍，均可参赛。
- 3) 参赛选手必须确保在裁判评判过程中不得出现含有其所属单位的名称或标志和图案，评判结束后可摆放上述图案和文字。
- 4) 一经报名，若因选手自身原因无法参赛，不得退款。
- 5) 参赛选手由于不可预见的情况而需取消大赛，应立即通知主办单位。
- 6) 主办单位对选手的用具、参赛作品和设备的损坏和损失概不负责。
- 7) 在活动闭馆前，参赛选手应全程位于大赛现场，以便准备撤离展品和用具。
- 8) 主办单位保留对本规则和条例取消、更改或补充的权利。
- 9) 主办方有权无偿使用缘于赛事所产生的包括但不限于参赛者的姓名、肖像、个人资料、菜谱卡内容、菜品图片、现场照片等进行相关赛事宣传活动，包括但不限于赛前预热、赛后回顾、赛事直播及赛事专区。
- 10) 选手对于丢失和损坏主办方提供的物品需照价赔偿。

### 比赛时间和地点：

2023 年 11 月 8-10 日，上海新国际博览中心（上海浦东龙阳路 2345 号）

### 交通方式：

- 1) 飞机：建议选择上海浦东机场。
- 2) 地铁：上海轨道交通 7 号线花木路站或 2 号线在龙阳路站换乘 7 号线抵达花木路站。
- 3) 高铁：上海虹桥火车站：乘坐地铁 2 号线在龙阳路换乘 7 号线抵达花木路站；上海火车站：乘坐地铁 4 号线（内圈）抵达世纪大道换乘地铁 2 号线龙阳路，再换乘 7 号线抵达花木路站，或地铁 1 号线抵达人民广场站同样换乘 2 号线后再换乘 7 号线。
- 4) 自驾：请提前进行线路查询及展馆周边停车场区域

以上路线信息仅供参考，请根据自身情况查询地图或导航后确认路线。

### 报名方式及须知：

- 1) 通过关注“FHC 上海环球食品展”官方微信公众号，回复关键词“烹饪比赛报名”，点击报名链接在线进行报名。
- 2) 报名一经确认，主办方将通过短信，邮件或是微信消息等方式，将参赛编码，选手进群二维码等赛事重要信息发送并通知参赛者，敬请参赛者留意相关信息。
- 3) 每位选手最多可以报名 2 个比赛项目，每个参赛项目收取报名费 250 元。
- 4) 报名一经确认，若因选手个人原因退赛，报名费用不予退还。



## **报名发票：**

待付款完成后，点击页面顶部菜单的“开具发票”填写信息开具并下载发票（发票开具完成后不可修改不可重复开票）

## **参赛证明：**

每位报名成功且实际到场参赛的比赛选手，将获得世界厨师联合会参赛证明一份

## **颁奖仪式：**

2023 年 11 月 8-9 日 每日下午 16:00 颁发当日比赛项目已出成绩的获奖选手名单

2023 年 11 月 10 日 下午 13:00 颁发前日及当日比赛项目已出成绩的获奖选手名单

具体颁奖时间，请以主办最终通知为准。获奖名单将由主办发送至选手社群，或张贴在比赛现场成绩布告栏

## **助手申请：**

- 1) 每位参赛选手可以自带至少一位参赛助手。助手须扫描以下二维码进行在线实名认证，若临时变更助手，同样扫描下方二维码重新进行在线实名认证。
- 2) 助手仅协助参赛选手进行物流运输，整理等工作；比赛开始前，助理须尽快撤离比赛现场。
- 3) 助手入场胸卡将与选手参赛胸卡一并进行派发。

## **选手报到及物料领取：**

- 1) 主办安排 2023 年 11 月 6-7 日，上午 10 点至下午 4 点，位于上海新国际博览中心北大厅进行选手报到。
- 2) 选手报到时，现场领取比赛物料：选手入场胸卡一张，助手胸卡一张（若有申请），空白菜谱卡（每个比赛项目 2 份），厨师服一件，空白便签粘贴纸。

## **参赛着装要求：**

参赛者须穿着主办方提供的标准厨师制服并佩戴好参赛胸卡，制服不含任何可能暗示参赛选手所属单位的标志、图案和文字，只许显示胸卡编号。  
参赛者须穿着标准厨师帽及厨师鞋（由参赛者自行准备），不得含有任何可能暗示参赛选手所属单位的标志、图案和文字。

## **比赛日程：**

主办将于比赛前至少一个月发布比赛日程，请参赛选手根据参赛编码查询具体比赛时间。所有参赛者应根据规定的时间参加比赛。若未能按时参加比赛，该选手将被自动取消比赛资格。

## **裁判：**

参赛者及其协助者在比赛当天，无论是评判前或评判期间不可与裁判交谈。

## **参赛作品放置：**

在参赛者完成作品离开操作台之前，请在主办提供的空白粘贴纸上写上参赛编码并粘贴在作品餐盘上。将不带有参赛者所属单位名称的菜谱卡正确地摆放在作品前。





## 评比期间：

在裁判评判期间，参赛者不得进入比赛区域

## 赛后清理：

- 1) 裁判评判后，所有参赛作品将继续陈列以供观众参观。由于场地有限，将优先展放比赛获奖的作品。
- 2) 损坏的参赛作品由参赛者在比赛结束当天 16:00 以后清理。
- 3) 主办单位在评判结束后保留对参赛作品的处置权，恕不事先通知参赛者。
- 4) 请不要将垃圾及油污倒入水槽中，一旦发现将取消比赛资格。

## 比赛设备：

中西餐个人赛：

- 1) 每个操作台：4 台单头平面电磁炉 4 台，1 台电面火炉，1 台万能蒸烤箱，水池和用水装置，家用 220V 插座 2 个。
- 2) 共享区域：1 台冷藏冰箱，1 台冷冻冰箱

烘焙甜品赛：

- 1) 每个操作台：1 台厨师机，1 台卧式冷藏冰箱操作台，1 台平面电磁炉
- 2) 共享区域：2 台万能蒸烤箱、5 台醒发箱 + 热风炉 + 烤炉一体机、3 台三层六盘瓦赫烤箱（每层配石板，蒸汽及烟罩）、3 台热风炉烤箱、4 台 10 盘急速冷冻柜、3 台 36 盘上下独立醒发箱、30 个 400\*600 标准规格烤盘。

**主办单位有最终解释权！**

# RULES & REGULATIONS 大赛规则及条例



Many thanks for the all sponsors! 感谢所有赞助商

更新至 2023 年 7 月

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# RULES & REGULATIONS 大赛规则及条例



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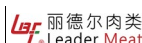
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## CUISINE CHALLENGE

### A. CULINARY ART DISPLAYS

#### 烹饪挑战赛

#### 烹饪艺术 – 展评类

## Class A-01

### FRUIT & VEGETABLE CARVING – DISPLAY

#### 食蔬水果雕刻 - 展评

#### COMPETITION RULES AND REGULATIONS

#### 比赛规则和条例

- 1) To make up own banquet compositions of own fresh fruits and/or vegetables, combining various products with one design.
- 2) Participants should pursue maximum balance of combination, including balance of concept and contents, color pallet and highly artistic performance of all elements of the composition accounting to specific conditions.
- 3) Design shall be carved from raw exclusively and the height of the items should not exceed 120cm.
- 4) The competitors have 60 mins to assemble their displays on the exhibition table.
- 5) Table space allotted: 90cm x 90cm.

- 1) 参赛者需要使用不同的蔬菜和水果雕刻制作一组作品。
- 2) 参赛者需要体现作品的主题和内容。
- 3) 作品高度不能超过 120 厘米。
- 4) 参赛者需要在 60 分钟内完成组装。
- 5) 展示桌的尺寸为 90 厘米 x 90 厘米。



# RULES & REGULATIONS 大赛规则及条例



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Degree of difficulty

Judgment is primary based on the artistic work but also on the degree of difficulty and effort expended.

0-20 points

### Artistic achievement

Balance, scale, proportion and suitability.

0-30 points

### Work involved

The competence and expert work involved in the execution and/or preparation of the exhibit.

0-20 points

### Fine detailed carving

Judgment is based on utilized and maximum of detail and the quality and skills executed.

0-20 points

### Creativity and Originality

Artistic should be original and creative.

0-10 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 难度系数

裁判将根据作品的艺术性、完美感及难度系数进行评判。

0-20 分

### 艺术效果

平衡性、美观性、恰当的对称比例。

0-30 分

### 专业技能

在作品制作和 / 或预备过程中的运用到的专业技能。

0-20 分

### 精细雕刻

裁判将根据作品的精细度、雕刻品质、技能熟练度进行评判。

0-20 分

### 创意及原创性

必须为具有创意的原创作品。

0-10 分



## CUISINE CHALLENGE

### A. CULINARY ART DISPLAYS

#### 烹饪挑战赛

#### 烹饪艺术 – 展评类

## Class A-02

### WESTERN THREE COURSES MENU - DISPLAY

#### 西式三道菜 - 展评

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) To display three western main Course, displayed cold.
- 2) Each course should be individually plated and complete with garnishes.
- 3) Brief description of the displays to be available for judges' reference
- 4) All food items must be glazed with aspic.
- 5) Table space allotted: 90cm X 90cm. Ornaments & wares prepared by competitors.

- 1) 展示一套西式三道菜，开胃菜，主菜和甜品；全部以冷的形式展示。
- 2) 必须使用独立盘子摆放并配有装饰。
- 3) 需要放置菜牌和配方表供裁判评判参考。
- 4) 所有菜品必须使用 Aspic 做保鲜处理。
- 5) 展示桌的尺寸为 90 厘米 X 90 厘米，展台装饰及器皿自带。



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Composition

Attention to details, finished appearance, proportion & symmetry.

Ingredients and side dishes must be in harmony with the main piece as to quantity, taste and colour. For classical dishes, the original recipe is applicable.

0-30 points

### Correct Professional Preparation

Level of skill must be high; hand skills must be precise, consistent and sophisticated.

Appropriate culinary preparation free of unnecessary ingredients.

Dishes conceived hot but exhibited cold, and all cold dishes, must be glazed with aspic (for preservation purposes only)

0-30 points

### Presentation / Innovation

Display must be structured, organised, elegant and not excessively colored.

It should be original, creative and appetising. Innovative techniques or tools should be used.

0-30 points

### Serving Arrangement

Correct number of plates must be displayed. It should be practical, transportable and stable.

Bases using inedible products are not allowed.

0-10 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 菜品的整体结构

精致度、完成后的观赏、比例及对称。

配料和附加菜在数量、口味和色泽搭配上，必须与主菜协调一致。

典型菜必须采用原始菜谱。

0-30 分

### 规范的制作流程

高超的技术，精确及稳定的手艺。

请不要使用不必要的原材料装盘；作品以热菜创作构思，冷盘形式展示；

为使作品易保存，全部冷盘展示必须使用肉冻做表面光滑处理。

0-30 分

### 菜品呈现和创意

作品必须体现出其结构性、组织性、优美及不过份着色，并具备原创性、

创意及提升人食欲；可引用创新的技巧及用具。

0-30 分

### 菜品上菜实用性

必须正确展示所要求的份量，并且是实用的、可稳当出菜的。

不允许使用人造装饰。

0-30 分



## CUISINE CHALLENGE

### A. CULINARY ART DISPLAYS

#### 烹饪挑战赛

#### 烹饪艺术 – 展评类

## Class A-03

### TAPAS/ FINGER FOOD - DISPLAY

#### 塔帕斯 / 西式手指餐 - 展评

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) To display 6 different kinds of finger foods.
- 2) Each kind to have 4 portions (total 24 pieces), 3 are to be hot finger foods displayed cold and 3 cold finger foods displayed cold.
- 3) Can be on one platter or individually plated.
- 4) Brief description of the displays to be available for judges reference.
- 5) All food items must be glazed with aspic.
- 6) Table space allotted: 90cm X 90cm. Ornaments & wares prepared by competitors.

- 1) 展示系列 6 种不同的手指餐，以冷的形式展示。
- 2) 每个品种做 4 份，共计 24 份。3 款热手指餐冷展示，3 款冷手指餐冷展示。
- 3) 展示可以单独器皿摆放，也可以用大盘摆放。
- 4) 需要放置菜牌和配方表供裁判评判参考。
- 5) 所有菜品必须使用 Aspic 做保鲜处理。
- 6) 展示桌的尺寸为 90 厘米 x 90 厘米，展示装饰和器皿自带。



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Composition

Attention to details, finished appearance, proportion & symmetry.

Ingredients and side dishes must be in harmony with the main piece as to quantity, taste and colour. For classical dishes, the original recipe is applicable.

0-30 points

### Correct Professional Preparation

Level of skill must be high; hand skills must be precise, consistent and sophisticated.

Appropriate culinary preparation free of unnecessary ingredients.

Dishes conceived hot but exhibited cold, and all cold dishes, must be glazed with aspic (for preservation purposes only)

0-30 points

### Presentation / Innovation

Display must be structured, organised, elegant and not excessively colored.

It should be original, creative and appetising. Innovative techniques or tools should be used.

0-30 points

### Serving Arrangement

Correct number of plates must be displayed. It should be practical, transportable and stable.

Bases using inedible products are not allowed.

0-30 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 菜品的整体结构

精致度、完成后的观赏、比例及对称。

配料和附加菜在数量、口味和色泽搭配上，必须与主菜协调一致。

典型菜必须采用原始菜谱。

0-30 分

### 规范的制作流程

高超的技术，精确及稳定的手艺。

请不要使用不必要的原材料装盘；作品以热菜创作构思，冷盘形式展示；

为使作品易保存，全部冷盘展示必须使用肉冻做表面光滑处理。

0-30 分

### 菜品呈现和创意

作品必须体现出其结构性、组织性、优美及不过份着色，并具备原创性、

创意及提升人食欲；可引用创新的技巧及用具。

0-30 分

### 菜品上菜实用性

必须正确展示所要求的份量，并且是实用的、可稳当出菜的。

不允许使用人造装饰。

0-10 分

## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-01

### PROFESSIONAL NZ MAIMOOLAMB WESTERN MAIN COURSE

#### 新西兰 Maimoolamb 羊肉西式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) The organizing committee provides New Zealand lamb shoulder meat weighing 500 grams as the main ingredient (must be used by contestants).
- 2) Competitor's choice of accompaniments and garnishes to complement the Lamb rack.
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 1) 组委会提供重量在 500 克的新西兰 Maimoolamb 羊肩肉作为主要食材（选手必须使用）
- 2) 选手自选配菜搭配主食材
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs - prepared, not cooked
- 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses - must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks - not seasoned are allowed
- 9) Dressings-must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge-can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

# RULES & REGULATIONS 大赛规则及条例



## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-02

### U.S. CHICKEN WESTERN MAIN COURSE

#### 美国鸡肉西式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) The organizing committee provides American frozen chicken legs weighing over 600 grams as the main ingredient (must be used by contestants).
- 2) Competitor's choice of accompaniments and garnishes to compliment the chicken.
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 1) 组委会提供重量在 600 克以上的美国冷冻鸡边腿作为主要食材（选手必须使用）
- 2) 选手自选配菜搭配主食材
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs - prepared, not cooked
- 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses - must be made during the competition
- 7) Sauces - reduced, not finished or seasoned
- 8) Stocks - not seasoned are allowed
- 9) Dressings - must be made during the competition
- 10) Coulis - non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge - can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分

## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-03

### LBF PROFESSIONAL AUSTRALIAN BEEF WESTERN COURSE

#### 丽德尔西式澳洲牛肉主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) 1) Australian Angus Beef Sirloin at approximately 600g+ will be provided by the Organiser as the main ingredient.
- 2) Competitor's choice of accompaniments and garnishes to compliment the Beef.
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 1) 组委会提供重量在 600 克的丽德尔澳洲安格斯西冷作为主要食材（选手必须使用）
- 2) 选手自选配菜搭配主食材
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs - prepared, not cooked
- 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses - must be made during the competition
- 7) Sauces - reduced, not finished or seasoned
- 8) Stocks - not seasoned are allowed
- 9) Dressings - must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge - can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面面团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不负任何责任。



## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分

## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-05

### IS SEAFOOD HALIBUT WESTERN MAIN COURSE

#### 冰岛比目鱼西式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) 400g IS Seafood Halibut Fish Whole will be provided by the Organiser as the key ingredient.
- 2) Competitor's choice of accompaniments and garnishes to compliment the beef
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 1) 组委会提供重量为 400 克以上的冰岛整比目鱼作为主要食材（选手必须使用）
- 2) 选手自选蛋白质食材和辅料
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs - prepared, not cooked
- 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses - must be made during the competition
- 7) Sauces - reduced, not finished or seasoned
- 8) Stocks - not seasoned are allowed
- 9) Dressings - must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge - can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
  - 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
  - 3) 意大利面团 - 可带入，不可烹饪
  - 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
  - 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
  - 6) 慕斯类 - 必须现场制作
  - 7) 酱汁类 - 可浓缩，不可调味
  - 8) 基础汤类 - 不可调味
  - 9) 冷沙司类 - 必须现场制作
  - 10) 稀果酱类 - 不可调味，必须现场完成
  - 11) 海绵蛋糕类 - 可带入，不可分切成型
- 所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-06

### U.S. Pork Western Cuisine Main Course

#### 美国猪肉西式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) U.S. Pork CT Butt at approximately 1000g+ will be provided by the Organiser as the main ingredient.
- 2) Competitor's choice of accompaniments and garnishes to compliment the lamb
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.

- 5) The plate repaired by self
- 1) 组委会提供重量在 1000 克的美国猪梅花肉作为主要食材（选手必须使用）
- 2) 选手自选配菜搭配主食材
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会
- 5) 选手自带餐盘

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs - prepared, not cooked
- 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses - must be made during the competition
- 7) Sauces - reduced, not finished or seasoned
- 8) Stocks - not seasoned are allowed
- 9) Dressings - must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge - can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分

## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-07

### Sumerians Truffle Western Main Course

#### 曾味松露西式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) The organizing committee provides 100g of truffle sauce as the main flavored ingredient (players must use it), as well as 50g of truffle powder and truffle oil.
- 2) Competitor's choice of accompaniments and garnishes to compliment the beef
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 1) 组委会提供曾味松露酱 100 克作为主要风味食材（选手必须使用），另外提供曾味松露粉 50 克、曾味松露油
- 2) 选手自选蛋白质食材和辅料
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
  - 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
  - 3) Pasta/doughs - prepared, not cooked
  - 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
  - 5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
  - 6) Mousses - must be made during the competition
  - 7) Sauces - reduced, not finished or seasoned
  - 8) Stocks - not seasoned are allowed
  - 9) Dressings - must be made during the competition
  - 10) Coulis-non seasoned puree allowed, must be finished during the competition
  - 11) Pastry sponge - can be brought in but not cut or shaped
- All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils
- 1) 色拉类 - 可清洗，不可份切
  - 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
  - 3) 意大利面团 - 可带入，不可烹饪
  - 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
  - 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
  - 6) 慕斯类 - 必须现场制作
  - 7) 酱汁类 - 可浓缩，不可调味
  - 8) 基础汤类 - 不可调味
  - 9) 冷沙司类 - 必须现场制作
  - 10) 稀果酱类 - 不可调味，必须现场完成
  - 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。



# RULES & REGULATIONS 大赛规则及条例



## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-08

### PROFESSIONAL U.S. POTATOES INNOVATION WESTERN CUISINE

#### 美国马铃薯创新西餐烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

1) To prepare two western Chinese style U.S. Potatoes main course dishes within 50 minutes. Please choose one product from each of the products in Group A and Group B to create.

A: A: LAMB WESTON Seasoned CrissCut, LAMB WESTON Special 8-10, LAMB WESTON Rond O Browns

B: Frozen fine potatoes 3/16 French fries, crispy potatoes, sour cream flavored scallions, 10 cut potato corners

2) Dish must be presented on 2 individual plates with appropriate garnish and protein.

3) Recipe required in the kitchen during competition.

4) U.S. frozen potato skin-on chips and U.S. frozen seasoned potato waffle cut at approximately 350g for each will be provided by the Organizer as the main ingredients to be used in the dishes and contents in the dishes should be at least 50%.

1) 选手在 50 分钟内完成两份美国马铃薯创意西餐菜式。从 A 组和 B 组产品中选择各选一个产品，进行 2 道不同菜品的创作，每道做 2 份（一份做展示，一份做品鉴），一共做四份。

A 组产品择其一：蓝威斯顿 - 辣味薯格、带皮薯角、小圆薯饼

B 组产品择其一：麦加脆冷冻细薯 3/16 薯条、康快斯特翘翘薯、酸奶油风味香葱 10 切薯角

2) 两份主菜必须用 2 个独立盘子呈现，并配有适当的装饰物和配菜。

3) 比赛期间，操作台必须放置呈现菜谱卡。

4) 主办方将在选手报道时提供 350g 每份的美国冷冻马铃薯产品，马铃薯必须作为菜品的主要食材，且使用含量不低于 50%。

## NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs - prepared, not cooked
- 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses - must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks - not seasoned are allowed
- 9) Dressings - must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge - can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗, 不可份切
  - 2) 蔬菜和水果类 - 可清洗, 可去皮, 不可份切, 不可烹饪, 番茄可以去皮, 蚕豆可剥皮, 蔬菜泥不可带。
  - 3) 意大利面团 - 可带入, 不可烹饪
  - 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗, 可去骨, 不可份切, 不可烹饪。
  - 5) 肉类 / 家禽类 - 可去骨, 不可份切, 不可修清, 香肠类需在现场完成, 肉糜类不可带入现场, 骨头类可以切小块带入。
  - 6) 慕斯类 - 必须现场制作
  - 7) 酱汁类 - 可浓缩, 不可调味
  - 8) 基础汤类 - 不可调味
  - 9) 冷沙司类 - 必须现场制作
  - 10) 稀果酱类 - 不可调味, 必须现场完成
  - 11) 海绵蛋糕类 - 可带入, 不可分切成型所有选手需准备好适用于电磁炉的锅具, 并准备好所有食材。选手离开比赛厨房区域时, 必须保证厨房整洁卫生, 这是作为评审部分。选手需自行保管自带的工具, 如丢失组委会不承担任何责任。
- 所有选手需准备好适用于电磁炉的锅具, 并准备好所有食材。选手离开比赛厨房区域时, 必须保证厨房整洁卫生, 这是作为评审部分。选手需自行保管自带的工具, 如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-09

### EWEN Pasta Western Main Course

#### 西式意大利面主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

1) The organizer will provide 1 pack of Penne pasta for contestants to choose from (must be used by contestants).

2) To prepared free style hand-made fresh pasta dish for 2 portions within 50 minutes.

3) Competitors must bring their own food ingredients.

4) Recipe required in the kitchen during competition.

5) Competitors must bring their own plates. These plates can be collected once judging is done.

1) 主办方将提供 1 包 Penne 意大利面给予选手选择使用（选手必须使用）

2) 选手需在 50 分钟内制作 2 人份的意大利面主菜

3) 选手需要自带所有食材，配菜，沙司

4) 配方菜谱卡需提供给组委会

5) 选手需自带餐盘，裁判评审完后选手自行回收

#### NOTES 比赛注意事项

1) Salads-cleaned, washed, not portioned

2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees

3) Pasta/doughs - prepared, not cooked

4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked

5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.

6) Mousses -must be made during the competition

7) Sauces-reduced, not finished or seasoned

8) Stocks - not seasoned are allowed

9) Dressings - must be made during the competition

10) Coulis-non seasoned puree allowed, must be finished during the competition

11) Pastry sponge-can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

1) 色拉类 - 可清洗，不可份切

2) 蔬菜 and 水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。

3) 意大利面团 - 可带入，不可烹饪

4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。

5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。

6) 慕斯类 - 必须现场制作

7) 酱汁类 - 可浓缩，不可调味

8) 基础汤类 - 不可调味

9) 冷沙司类 - 必须现场制作

10) 稀果酱类 - 不可调味，必须现场完成

11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分

## WESTERN CUISINE CHALLENGE

### C. WESTERN HOT COOKING CATEGORIES

#### 西式烹饪挑战赛

#### 西式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

西式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class C-10

### EWEN Arborio Rice Western Main Course

#### 西式欧萨意大利阿波罗大米主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) ARBORIO RICE at approximately 500g will be provided by the Organiser as the main ingredient.
- 2) To prepared free style arborio rice dish for 2 portions within 50 minutes.
- 3) Competitors must bring their own food ingredients.
- 4) Recipe required in the kitchen during competition.
- 5) Competitors must bring their own plates. These plates can be collected once judging is done.
- 1) 主办方将提供 500 克欧萨意大利阿波罗大米给予选手。（选手必须使用）
- 2) 选手需在 50 分钟内制作 2 人份以欧萨意大利阿波罗大米为主要食材的西式主菜。
- 3) 选手需要自带所有食材，配菜，沙司
- 4) 配方菜谱卡需提供给组委会
- 5) 选手需自带餐盘，裁判评审完后选手自行回收

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs - prepared, not cooked
- 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry - deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses - must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks - not seasoned are allowed
- 9) Dressings - must be made during the competition
- 10) Coulis - non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge - can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜 and 水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## CHINESE CUISINE CHALLENGE

### D. CHINESE HOT COOKING

#### 中式烹饪挑战赛

#### 中式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

中式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class D-01

### CHINESE CHUDAO CELLOPHANE NOODLE CUISINE

#### 中式初道粉丝烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) To prepared one modern Chinese style cellophane noodle main course dish for 2 portions within 50 minutes.
- 2) Dish must be presented on 2 individual plates with appropriate garnish and starch.
- 3) Recipe required in the kitchen during competition.
- 4) CHUDAO CELLOPHANE NOODLE Cut at approximately 260g will be provided by the Organizer as the main ingredient and contain at least 50% of it.
- 1) 选手在 50 分钟内完成两份位上的现代中式粉丝主菜。
- 2) 两份主菜必须用 2 个独立的盘子呈现，并配有适当的装饰物和配菜。
- 3) 比赛期间，操作台必须放置呈现菜谱卡。
- 4) 主办方将在选手报道时提供粉丝一包（260 克），粉丝必须作为菜品的主要食材且含量不低于 50%。
- 5) 餐盘可根据自己作品的要求，可自带（如汤品，煲品等器皿所需）。

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs – prepared, not cooked
- 4) Fish/seafood/shellfish – cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry- deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses -must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks – not seasoned are allowed
- 9) Dressings-must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge-can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不负担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分

## CHINESE CUISINE CHALLENGE

### D. CHINESE HOT COOKING

#### 中式烹饪挑战赛

#### 中式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

中式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class D-02

### NZ MAIMO A LAMB CHINESE MAIN COURSE

#### 新西兰 Maimoa 羊肉中式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) The organizing committee provides New Zealand lamb shoulder meat weighing 500 grams as the main ingredient (must be used by contestants).
- 2) Competitor's choice of accompaniments and garnishes to compliment the lamb
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 5) The plate prepared by self
- 1) 组委会提供重量在 500 克的新西兰 Maimoa 羊肉作为主要食材（选手必须使用）
- 2) 选手自选配菜搭配主食材
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会
- 5) 选手自带餐盘

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs – prepared, not cooked
- 4) Fish/seafood/shellfish – cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry- deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses -must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks – not seasoned are allowed
- 9) Dressings-must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge-can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## CHINESE CUISINE CHALLENGE

### D. CHINESE HOT COOKING

#### 中式烹饪挑战赛

#### 中式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

中式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class D-03

### U.S. CHICKEN CHINESE MAIN COURSE

#### 美国鸡肉中式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) The organizing committee provides American heat treated chicken feet and raw frozen chicken legs as the main ingredients (contestants must use one ingredient as the main ingredient).
- 2) Competitor's choice of accompaniments and garnishes.
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 1) 组委会提供美国热处理凤爪和生的冷冻鸡腿作为主要食材（选手必须使用一种食材作为主食材）
- 2) 选手自选配菜搭配主食材
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会
- 5) 选手自带餐盘

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs – prepared, not cooked
- 4) Fish/seafood/shellfish – cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry- deboned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses -must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks – not seasoned are allowed
- 9) Dressings-must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge-can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分

## CHINESE CUISINE CHALLENGE

### D. CHINESE HOT COOKING

#### 中式烹饪挑战赛

#### 中式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

中式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class D-04

### U.S. POTATOES CHINESE CUISINE INNOVATION

#### 美国马铃薯中式创新烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) To prepare two modern Chinese style U.S. Potatoes main course dishes within 50 minutes. Please choose one product from each of the products in Group A and Group B to create.  
A: LAMB WESTON Seasoned CrissCut, LAMB WESTON Special 8-10, LAMB WESTON Rond O Browns  
B: Frozen fine potatoes 3/16 French fries, crispy potatoes, sour cream flavored scallions, 10 cut potato corners More details refer to product instruction
- 2) Dish must be presented on 2 individual plates with appropriate garnish and protein.
- 3) Recipe required in the kitchen during competition.
- 4) U.S. frozen potato skin-on chips and U.S. frozen seasoned potato waffle cut at approximately 350g for each will be provided by the Organizer as the main ingredients to be used in the dishes and contents in the dishes should be at least 50%.
- 1) 选手在 50 分钟内完成四份美国马铃薯中式创意主菜。从 A 组和 B 组产品中选择各选一个产品，进行 2 道不同菜品的创作，每道做 2 份（一份做展示，一份做品鉴），一共做四份。  
A 组产品择其一：蓝威斯顿·辣味薯格、带皮薯角、小圆薯饼  
B 组产品择其一：麦加脆冷冻细薯 3/16 薯条、康快斯特翅翅薯、酸奶油风味香葱 10 切薯角
- 2) 两份主菜必须用 2 个独立盘子呈现，并配有适当的装饰物和配菜。
- 3) 比赛期间，操作台必须放置呈现菜谱卡。
- 4) 主办方将在选手报道时提供 350g 每份的美国冷冻马铃薯产品，马铃薯必须作为菜品的主要食材，且使用含量不低于 50%。

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
  - 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
  - 3) Pasta/doughs - prepared, not cooked
  - 4) Fish/seafood/shellfish - cleaned, filleted, not portioned, not cooked
  - 5) Meats/poultry- deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
  - 6) Mousses -must be made during the competition
  - 7) Sauces-reduced, not finished or seasoned
  - 8) Stocks - not seasoned are allowed
  - 9) Dressings-must be made during the competition
  - 10) Coulis-non seasoned puree allowed, must be finished during the competition
  - 11) Pastry sponge-can be brought in but not cut or shaped
- All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils
- 1) 色拉类 - 可清洗，不可份切
  - 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
  - 3) 意大利面团团 - 可带入，不可烹饪
  - 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
  - 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
  - 6) 慕斯类 - 必须现场制作
  - 7) 酱汁类 - 可浓缩，不可调味
  - 8) 基础汤类 - 不可调味
  - 9) 冷沙司类 - 必须现场制作
  - 10) 稀果酱类 - 不可调味，必须现场完成
  - 11) 海绵蛋糕类 - 可带入，不可分切成型
- 所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不负担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## CHINESE CUISINE CHALLENGE

### D. CHINESE HOT COOKING

#### 中式烹饪挑战赛

#### 中式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

中式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class D-05

### U.S. Pork Chinese Cuisine Main Course

#### 美国猪肉中式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) U.S. Pork CT Butt at approximately 1000g+ will be provided by the Organiser as the main ingredient.
- 2) Competitor's choice of accompaniments and garnishes to complement the lamb
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 5) The plate repaired by self
- 1) 组委会提供重量在 1000 克的美国猪梅花肉作为主要食材（选手必须使用）
- 2) 选手自选配菜搭配主食材
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会
- 5) 选手自带餐盘

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs – prepared, not cooked
- 4) Fish/seafood/shellfish – cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry- deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses -must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks – not seasoned are allowed
- 9) Dressings-must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge-can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面面团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不承担任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分

## CHINESE CUISINE CHALLENGE

### D. CHINESE HOT COOKING

#### 中式烹饪挑战赛

#### 中式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

中式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class D-06

### MINDONGYIYU YELLOW CROAKER CHINESE MAIN COURSE

#### 闽东壹鱼 - 黄鱼中式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) Yellow Croaker at approximately 600g+ will be provided by the Organiser as the main ingredient.
- 2) Competitor's choice of accompaniments and garnishes.
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 1) 组委会提供重量在 600 克以上的闽东壹鱼黄鱼一条作为主要食材（选手必须使用）
- 2) 选手自选配菜搭配主食材
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会
- 5) 选手自带餐盘

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs – prepared, not cooked
- 4) Fish/seafood/shellfish – cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry- deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses -must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks – not seasoned are allowed
- 9) Dressings-must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge-can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不负任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## CHINESE CUISINE CHALLENGE

### D. CHINESE HOT COOKING

#### 中式烹饪挑战赛

#### 中式现场烹饪

For individual hot cooking categories, competitors must prepare and present, within 50 minutes, 1 main course dish for two (2) persons in western style. The dish must be presented on two (2) plates with appropriate garnish.

中式现场烹饪项目，选手必须在 50 分钟内完成 2 人份的主菜，菜品在 2 个独立的盘中呈现。

## Class D-07

### SUMERIANS TRUFFLE CHINESE MAIN COURSE

#### 曾味松露中式主菜烹饪

#### COMPETITION RULES AND REGULATIONS 比赛规则和条例

- 1) The organizing committee provides 100g of truffle sauce as the main flavored ingredient (players must use it), as well as 50g of truffle powder and truffle oil.
- 2) Competitor's choice of accompaniments and garnishes to compliment the beef
- 3) Appropriate sauce (can be more than one) to be served.
- 4) Recipe required in the kitchen during competition.
- 5) Bring own plate.
- 1) 组委会提供曾味松露酱 100 克作为主要风味食材（选手必须使用），另外提供曾味松露粉 50 克、漫森松露油
- 2) 选手自选蛋白质食材和辅料
- 3) 选手自选沙司（可用多种沙司）
- 4) 配方菜谱卡需提供给组委会
- 5) 选手自带餐盘

#### NOTES 比赛注意事项

- 1) Salads-cleaned, washed, not portioned
- 2) Vegetables or fruits can be cleaned, peeled, washed, not cut to portion, not cooked (tomatoes may be blanched and peeled and broad beans may be shelled), no vegetable purees
- 3) Pasta/doughs – prepared, not cooked
- 4) Fish/seafood/shellfish – cleaned, filleted, not portioned, not cooked
- 5) Meats/poultry- deboned, not portioned, not trimmed, sausages has to be done in the kitchen, no grinded meat can be brought in, bones may be cut into small pieces.
- 6) Mousses -must be made during the competition
- 7) Sauces-reduced, not finished or seasoned
- 8) Stocks – not seasoned are allowed
- 9) Dressings-must be made during the competition
- 10) Coulis-non seasoned puree allowed, must be finished during the competition
- 11) Pastry sponge-can be brought in but not cut or shaped

All competitors have to prepare their own induction cooking utensils and ingredients for the competition. Competitors must leave the work station in a neat and tidy condition; this is part of the judging criteria. The Organiser will not be responsible for any loss or breakage of utensils

- 1) 色拉类 - 可清洗，不可份切
- 2) 蔬菜和水果类 - 可清洗，可去皮，不可份切，不可烹饪，番茄可以去皮，蚕豆可剥皮，蔬菜泥不可带。
- 3) 意大利面团 - 可带入，不可烹饪
- 4) 鱼类 / 海鲜类 / 贝壳类 - 可清洗，可去骨，不可份切，不可烹饪。
- 5) 肉类 / 家禽类 - 可去骨，不可份切，不可修清，香肠类需在现场完成，肉糜类不可带入现场，骨头类可以切小块带入。
- 6) 慕斯类 - 必须现场制作
- 7) 酱汁类 - 可浓缩，不可调味
- 8) 基础汤类 - 不可调味
- 9) 冷沙司类 - 必须现场制作
- 10) 稀果酱类 - 不可调味，必须现场完成
- 11) 海绵蛋糕类 - 可带入，不可分切成型

所有选手需准备好适用于电磁炉的锅具，并准备好所有食材。选手离开比赛厨房区域时，必须保证厨房整洁卫生，这是作为评审部分。选手需自行保管自带的工具，如丢失组委会不负任何责任。

## JUDGING CRITERIA

### PRACTICAL HOT COOKING

#### Mise En Place

Planned arrangement of materials for trouble-free working and service. Correct utilization of working time to ensure punctual completion. Clean, proper working methods during will also be judged as well as conditions after leaving the kitchen.

0-5 points

#### Correct Professional Preparation

Correct basic preparation of food, corresponding to today's modern culinary art. Preparation should be practical, acceptable methods that exclude unnecessary ingredients. Appropriate cooking techniques must be applied for all ingredients, including starches and vegetables. Working skill and kitchen organization.

0-20 points

#### Hygiene and Food Waste

Please review the guidelines on Food Hygiene and Food Waste under WORLDCHEFS FOOD SAFETY REGULATIONS in the next section of this competition rulebook.

0-10 points

#### Service

The punctual delivery of each entry at the appointed time is a matter of urgent necessity. The kitchen jury will determine if the fault of the service if any is the kitchen or service team and recommend any point reductions. The full points will be awarded if service flow smoothly and dishes come out on time from the kitchen.

0-5 points

#### Presentation

Clean arrangement, with no artificial garnish and no time-consuming arrangements. Exemplary plating to ensure an appetizing appearance, there should be no repetition of ingredient, shapes and colour as well as cooking techniques between the different dishes.

0-10 points

#### Taste

The typical taste of the food should be preserved. The dish must have appropriate taste, seasoning, quality, and flavour, the dish should conform to today's standard of nutritional values

0-50 points

## 评审准则

### 热食烹饪

#### 厨房准备工作

有计划地安排食材以确保工作和服务的流畅。正确利用工作时间，确保准时完成。工作期间的清洁卫生，正确的工作方法也将被评判，包括离开厨房时。

0-5 分

#### 专业正确的食材操作流程

正确的食物基本准备工作，与当今的现代烹饪艺术相一致。准备应该是实用的，可以接受的方法，排除不必要的成分。所有食材都应使用适当的烹饪技术，包括淀粉和蔬菜。工作技能和厨房组织能力。

0-20 分

#### 卫生及食物浪费

请在本竞赛规则手册的下一部分查阅《世界厨师联合会食品安全条例》中有关食品卫生和食品浪费的指引。

0-10 分

#### 服务

在指定的时间准时交付每一个作品是紧急的而有必要性的。厨房评审团将决定是否厨房或服务团队的服务失误，并建议分数的扣除。如果服务顺利，菜肴准时从厨房端出，则可获得满分。

0-5 分

#### 菜肴的呈现

干净的布置，没有人工装饰，浪费时间的装饰品。优异的装盘，以确保一个开胃的外观，不应该有重复的成分，形状和颜色以及不同菜肴采用不同的烹饪技术。

0-10 分

#### 口味

食物的特有味道应该保存下来。这道菜必须有适当的味道、调料、质量和味道，这道菜肴应该符合当今的营养价值标准。

0-50 分



## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-01

### THEME AFTERNOON TEA - DISPLAY

#### 主题下午茶 - 展评

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) Each entry should have a specific theme.
- 2) Each competitor should prepare 6 pieces of each of the six different kinds of afternoon tea desserts for display.
- 3) Competitors should bring their own display stands for their works.
- 4) The provided table space for display is 90cm\*90cm.

- 1) 作品要有主题。
- 2) 要求展示六款不同的下午茶甜点，每款甜点准备六个作为展示。另各摆一份供裁判品尝评分，每个品种共计 7 件。
- 3) 自带下午茶展示架。
- 4) 展台尺寸为 90cm\*90cm。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Presentation and general impression

Depending on material used, the finished exhibit must present a good impression based on ethical and aesthetic.

0-15 points

### Taste

The flavour of the key ingredient must be prevalent without hindrance of secondary tastes, proper texture will also be judged.

0-40 points

### Degree of difficulty and Creativity

Technique and creativity involved in production, effort spent on decoration.

0-30 points

### Practical, up-to-date presentation

Combination of taste, texture and colours, portion size and feasibility for daily service in a restaurant or for banqueting.

0-15 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 外观展示，总体印象

根据所用原料，完成后的作品须体现文化内涵和艺术美感。

0-15 分

### 口味

主要味道要配合主题，避免太多不同的味道混杂在一起，质感搭配恰当。

0-40 分

### 难度及创意性

制作技巧，难度及创意性，精致的装饰。

0-30 分

### 实用性及现代感

展品需在口味、质地、颜色（尽量少用色素）和大小比例上组合完美，并适合日常用料的可行性。

0-15 分



## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-02

### BUFFET SHOWPIECE - DISPLAY

#### 自助餐造型 - 展评

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) All entries must be 80 - 100cm in height.
- 2) The base area should be 40cm\*60cm and the upper part can be expanded.
- 3) The showpiece ingredients only chocolate & sugar (Isomalt, Plain sugar, Pastillage, Gum paste). The showpiece can't use any other chose for splice & upholder, such as bamboo stick, iron wire.
- 4) Contestants can bring all the parts of the work to assemble within the specified time on the competition site, or bring their finished works to display on the competition site (If the work is assembled on the site, the preparation time is 60 minutes).
- 5) The work needs to be matched with two different varieties of mold chocolate candies for tasting. Chocolate candies don't need to be made on the spot, including mold coloring, filling and filling.
- 6) All competition items must be completed within limited time, the buffet showpieces and chocolate candy must be displayed together on the booth.
- 7) The provided table space for display is 90cm\* 90cm.

\*Competitors are required to prepare 6 pieces of chocolate candy for each type, and 12 types for 2 varieties.

- 1) 作品高度要求 80cm-100cm。
- 2) 底座面积要求 40cm\*60cm，底座以上部分可以拓宽，造型底座由参赛选手自行准备。
- 3) 作品的食材只限于巧克力、糖（艾素糖，砂糖，塑形糖）。所有造型中不可使用竹签，铁丝等非食用物质作为整个造型的连接和支撑物。
- 4) 选手可以自带造型的所有零部件在比赛现场的规定时间内进行拼接组装，或是携带成品作品于比赛现场进行展示（若于现场进行拼接组装，则准备时间为 60 分钟）。
- 5) 作品需搭配两个不同品种的模具巧克力糖果用于品尝，巧克力糖果不需要当场制作，包括模具上色，灌模以及制作馅料。
- 6) 所有比赛项目必须在规定时间内组装完成，自助餐造型和巧克力糖果必须一起放在展台上进行展示。
- 7) 展台尺寸为 90cm\*90cm。

\* 参赛者每款巧克力糖果需准备 6 粒，2 款品种，一共 12 粒。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products

## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Technique and degree of difficulty

The artistry, competence and the expertise involved in the execution of preparation of the exhibit.

0-30 points

### Presentation and general impression

The finished exhibits should provide a good impression based on balanced proportions and aesthetically pleasing principles.

0-25 points

### Taste

Creativity, texture, harmony of ingredients used.

0-30 points

### Correct professional preparation

Correct basic culinary preparation corresponding to today's modern patisserie.

0-15 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 技术和难度

作品的美感、制作技巧和难度。整个作品必须有 3 种以上的制作技法体现在其中。

0-30 分

### 外观及整体表现

作品必须比例对称，并体现优美的整体形象。

0-25 分

### 味道

口感的创造性、纹理结构、所用原料的融合性。

0-30 分

### 正确的准备工作

正确的制作流程和准备工作，并达到现代食品艺术制作水准。

0-15 分



## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-03

### FONDANT CAKE - DISPLAY

#### 翻糖蛋糕 - 展评

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) Each competitor should make a two-tier fondant cake with a specific theme. The diameter of the base should not be more than 30cm.
- 2) Competitors can choose almond paste or fondant to complete the cake, and edible pigments may also be used.
- 3) The main body and decoration of the work must be made of edible materials, and non-edible materials are not allowed to be used as support and decoration.
- 4) The base layer cake must be can eating, can't use foams make base layer. Judge will cut base layer cake for testing, don't prepare other cake for testing.
- 5) The base is judged by the bottom cut when tasting. There is no need to prepare additional cake for tasting.
- 6) The size of exhibition booth is 90cm X 90cm.

- 1) 要求制作两层翻糖蛋糕，底座直径不得超过 30cm，作品要有主题。
- 2) 材料可选用杏仁膏，翻糖或干佩斯，允许使用可食用色素。
- 3) 作品整体和装饰物必须采用可食用材料，不可以用不可食用的材料做支撑及装饰。
- 4) 蛋糕及蛋糕装饰物可使用喷绘，涂色，火烧和绘画技艺。
- 5) 底座蛋糕是裁判进行品尝时以底分切作为评判，无需再准备额外的蛋糕作为品尝。
- 6) 展台尺寸为 90cm X 90cm。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products



## JUDGING CRITERIA 评判标准

The highest score of entries is 100 points (no 0.5 points score)

### Integral collocation

According to the raw materials used, the finished work should reflect creativity and visual effects.

0-15 points

### Skills

Making skills difficulty exquisite decoration.

0-25 points

### Practicability

Exhibits should combine perfectly on taste, texture, colour (as little as possible with the pigment) and size proportion. In addition the exhibits should suitable for the daily use of materials.

0-20 points

### Taste and palate

layers are clear, blended, but not conflicting.

0-40 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 整体搭配

根据所用原料，完成后的作品须体现创意性、视觉效果。

0-15 分

### 技巧

制作技巧难度精致的装饰。

0-25 分

### 实用性

展品需在口味、质地、颜色（尽量少用色素）和大小比例上组合完美，并适合日常用料的可行性。

0-20 分

### 口味和口感

层次明显、融合、又不冲突。

0-40 分

## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-04

### PLATE DESSERT - LIVE

#### 盘式甜品 - 现场制作

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) Each competitor should complete three plate desserts within three hours according to the HACCP regulations.
  - 2) One chocolate - based dessert is required. The organizer provides 5 types of chocolate ingredients, each providing 200g(72%,65%,55% dark chocolate, 38% milk chocolate, 40% white chocolate). And the contestants must use the chocolate provided by the organizer to make competition work, either all or any choice.(Please pick up the ingredients according to the actual work, to promote sustainable environmental protection).The competitors may bring other the ingredients they need.
  - 3) One fruit - based dessert is required.
  - 4) Competitors are free to choose the main ingredients for the remaining one dessert.
  - 5) All fillings, mousse, cream should be made on the spot.
  - 6) Contestants can bring their own cake embryo and decorations and ice-cream(frost), all materials must be edible.
  - 7) Competitors must prepare 2 copies of each dessert, 3 types of desserts with six copies (3 copies for tasting, other 3 copies for display).
- 
- 1) 选手必须在 3 小时内完成三道盘式甜品制作, 根据国际卫生条例 HACCP 进行操作。
  - 2) 一盘甜品必须以巧克力为主要成分。主办方提供 5 款巧克力原料, 每款提供 200g。巧克力原料品种为 72% 黑巧克力、65% 黑巧克力、55% 黑巧克力、38% 牛奶巧克力、40% 白巧克力。选手必须使用主办方提供的巧克力制作比赛作品。可以全部使用或是任意选择均可。(请根据实际作品情况进行原料领取, 提倡可持续环保)
  - 3) 一盘甜品必须以水果为主要成分。
  - 4) 剩余一盘甜品可由队员自行选择。
  - 5) 所有夹心, 馅料, 慕斯, 奶油必须当场完成。
  - 6) 选手可自带蛋糕胚及装饰件, 所有材料必须可食用。
  - 7) 参赛者每款甜品须准备 2 份, 3 款甜品一共 6 份 (三份供品尝, 三份供展示使用)。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products



# RULES & REGULATIONS 大赛规则及条例



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Technique and degree of difficulty

Technique, degree of difficulty and effort.

0-20 points

### Taste

Taste diversification and avoid duplication. Rationally use ingredients with textures

0-25 points

### Correct professional preparation

Correct basic culinary preparation corresponding to today's modern patisserie.

0-15 points

### Presentation and general impression

The finished exhibit should provide a good impression based on balanced proportions and aesthetically pleasing principles.

0-25 points

### Hygiene check

0-15 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 技术与难度

作品的制作技巧和难度。

0-20 分

### 口味

口味多样化，避免重复。口感食材合理利用。

0-25 分

### 正确的准备工作

正确的基本制作准备工夫，并达到现代糕饼制作的水平。

0-15 分

### 外观及整体表现

作品必须合乎比例，并在美学和整体上表达优美形象。

0-25 分

### 卫生及工作清洁

工作场地及个人的整体卫生情况，根据国际卫生条例 HACCP 进行操作。

0-15 分



## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-05

### BREAD BAKING AND DISPLAY - LIVE AND DISPLAY

#### 面包烘焙及展示 - 现场制作和展评

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) The bread making type must include baguette (1 type), brioche (2 types), croissant (2 types), and danish pastry (2 types).
  - 2) Each Competitors should choose at least six different kinds of bread as bread making type exhibits and prepare at least four for each kind.
  - 3) Bread making will be completed in one day. The production time is a total of 5 hours. It must be completed within the specified time. Exceeding time is not counted.
  - 4) The work must be presented on the stand before the competition ended.
  - 5) The provided table space for display is 90cm\*90cm.
- \* All breads must be edible.

- 1) 面包制作种类必需包括法棍（1种），布里欧面包（2种），羊角面包（2种），丹麦面包（2种）。
  - 2) 面包制作种类展示不得少于6种，每个品种不得少于4个。羊角，丹麦面包可以包好油开好带来但面团厚度不能低于1.2厘米。
  - 3) 制作面包1天完成，共计5小时，须在规定时间内完成；超过时间不计分数。
  - 4) 作品必需在结束前全部呈现在展台上。
  - 5) 展台尺寸为90cm\*90cm。
- \* 所有的面包必须可以食用。

\* 所有的面包必须可以食用。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Taste

Crumb softness, flavour, smell, colour of crumb, eating characteristics.

0-40 points

### Technique used and Degree of Difficulty

Crust thickness, crumb structure, flakiness, crust colour.

0-40 points

### Display

Table arrangement, product size, colour combinations.

0-8 points

### Presentation of Danish, Croissant and free style breads

Creativity, colour and flavour combinations, techniques used.

0-12 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 口感

用于评判面包内部的松软度、风味、香味和口感。

0-40 分

### 技术与难度系数

用于评判面包皮的厚度、松软度、面包内部的结构以及面包皮的颜色。

0-40 分

### 展示

用于评判桌面布置，作品的尺寸、颜色的搭配。

0-8 分

### Danish, Croissant 或自主风格面包的展示

用于评判创意、颜色和风味搭配，以及技术的运用。

0-12 分



## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-06

### CAKE DECORATION- LIVE

#### 韩式裱花 - 现场制作

### COMPETITION RULES AND REGULATIONS

#### 比赛规则和条例

- 1) Competitors must bring their own cake embryos, the cake embryo size is 8 inches.
- 2) Only need to make one cake within 2.5 hours.
- 3) Competitors need to bring their own cream, which can be pre-colored (Buttercream, bean paste).
- 4) The provided table space for display is 90cm\*90cm.

- 1) 选手需自带蛋糕胚（必须为可食用），蛋糕胚尺寸为 8 寸。
- 2) 只需要制作一个蛋糕，比赛时间为 2.5 小时。
- 3) 选手需自带奶油，可预先调色（奶油霜，豆沙）。
- 4) 展台尺寸为 90cm\*90cm。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Appearance display, overall impression

According to the materials used, the finished works should reflect the sense of form and artistic sense.

0-15 points

### Taste

Taste diversification and avoid duplication. Rationally use ingredients with textures.

0-35 points

### Difficulty and creativity

Making skills, methods and the complexity of making process

0-25 points

### Practicality and Modernity

Fit the subject moderate in size unique in form exquisite dish arrangement perfect combination

0-10 points

### Hygiene check

0-15 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 外观展示，总体印象

根据所用原料，完成后的作品须体现造型感和艺术感。

0-15 分

### 口味

口味多样化，避免重复。口感食材合理利用。

0-35 分

### 难度及创意性

制作技巧，制作手法，制作工艺的复杂程度。

0-25 分

### 实用性及现代感

符合主题，大小适中，造型独特，摆盘精致，组合完美。

0-10 分

### 卫生及工作清洁

工作场地及个人的整体卫生情况，根据国际卫生条例 HACCP 进行操作。

0-15 分



## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-07

### SWISS ROLL & POUND CAKE - LIVE

#### 瑞士卷和磅蛋糕 - 现场制作

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) Competitors must make it within 60 minutes and operate according to the HACCP Regulations.
- 2) The competitors may bring all the ingredients they need.
- 3) The cake flavors can be matched arbitrarily, all sauces, fillings, cake embryos and cream must be made on the spot.
- 4) The pound cake mold comes with it, the weight of the pound cake is between 120g-150g.
- 5) Swiss rolls weigh between 400g-450g

Swiss rolls are made two identical varieties, one for display and one for judges to taste and score.

Pound cake are made five identical varieties, one for display and four for judges to taste and score.

- 1) 选手必须在 60 分钟内制作完成，根据国际卫生条例 HACCP 进行操作。
- 2) 所有原材料可自带。
- 3) 蛋糕口味可以任意搭配，所有酱汁，馅料，蛋糕胚和奶油必须当场制作完成。
- 4) 磅蛋糕模具自带，磅蛋糕重量在 120g-150g 之间
- 5) 瑞士卷重量在 400g-450g 之间

要求瑞士卷制作两款相同的品种，一份作为展示，另一份摆供裁判品尝评分。

要求磅蛋糕制作五款相同的品种，一份作为展示，另各摆四份供裁判品尝评分。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products

# RULES & REGULATIONS 大赛规则及条例



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Appearance display, overall impression

According to the materials used, the finished works should reflect the sense of form and artistic sense.

0-15 points

### Taste

Taste diversification and avoid duplication. Rationally use ingredients with textures.

0-35 points

### Difficulty and creativity

Making skills, methods and the complexity of making process

0-25 points

### Practicality and Modernity

Fit the subject moderate in size unique in form exquisite dish arrangement perfect combination

0-10 points

### Hygiene check

0-15 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 外观展示，总体印象

根据所用原料，完成后的作品须体现造型感和艺术感。

0-15 分

### 口味

口味多样化，避免重复。口感食材合理利用。

0-35 分

### 难度及创意性

制作技巧，制作手法，制作工艺的复杂程度。

0-25 分

### 实用性及现代感

符合主题，大小适中，造型独特，摆盘精致，组合完美。

0-10 分

### 卫生及工作清洁

工作场地及个人的整体卫生情况，根据国际卫生条例 HACCP 进行操作。

0-15 分



## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-08

### SOUFFLE- LIVE

#### 舒芙蕾 - 现场制作

#### COMPETITION RULES AND REGULATIONS

#### 比赛规则和条例

- 1) Competitors must make it within 40 minutes and operate according to the HACCP Regulations.
- 2) The competitors may bring all the ingredients they need.
- 3) The flavors can be combined as you like, all sauces, fillings, English cream sauce and meringues must be made on the spot.
- 4) Competitors bring their own containers and decorative parts, each weighing between 80g-120g.

Competitors need to make five identical varieties, one for display and four for judges to taste and score.

- 1) 选手必须在 40 分钟内完成，根据国际卫生条例 HACCP 进行操作。
- 2) 所有原材料可自带。
- 3) 口味可以任意搭配，所有酱汁，馅料，英式奶酱以及蛋白霜必须当场制作完成。
- 4) 选手自带容器及装饰件，每份重量为 80g-120g 之间。

参赛者须现场制作 5 份相同的舒芙蕾（四份供品尝，一份供展示使用）。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Appearance display, overall impression

According to the materials used, the finished works should reflect the sense of form and artistic sense.

0-15 points

### Taste

Taste diversification and avoid duplication. Rationally use ingredients with textures.

0-35 points

### Difficulty and creativity

Making skills, methods and the complexity of making process

0-25 points

### Practicality and Modernity

Fit the subject moderate in size unique in form exquisite dish arrangement perfect combination

0-10 points

### Hygiene check

0-15 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 外观展示，总体印象

根据所用原料，完成后的作品须体现造型感和艺术感。

0-15 分

### 口味

口味多样化，避免重复。口感食材合理利用。

0-35 分

### 难度及创意性

制作技巧，制作手法，制作工艺的复杂程度。

0-25 分

### 实用性及现代感

符合主题，大小适中，造型独特，摆盘精致，组合完美。

0-10 分

### 卫生及工作清洁

工作场地及个人的整体卫生情况，根据国际卫生条例 HACCP 进行操作。

0-15 分



## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-09

### CHOCOLATE FONDANT CAKE-LIVE

#### 巧克力熔岩蛋糕 - 现场制作

#### COMPETITION RULES AND REGULATIONS

##### 比赛规则和条例

- 1) Competitors must make it within 40 minutes and operate according to the HACCP Regulations.
- 2) The organizer provides 5 types of chocolate ingredients, each providing 200g(72%,65%,55% dark chocolate, 38% milk chocolate, 40% white chocolate). And the contestants must use the chocolate provided by the organizer to make competition work, either all or any choice.(Please pick up the ingredients according to the actual work, to promote sustainable environmental protection).The competitors may bring other the ingredients they need.
- 3) The flavors can be combined as you like, all sauces, fillings, English cream sauce and meringues must be made on the spot.
- 4) Competitors bring their own containers and decorative parts, each weighing between 90g-120g.

Competitors need to make five identical varieties, one for display and four for judges to taste and score.

- 1) 选手必须在 40 分钟内制作完成, 根据国际卫生条例 HACCP 进行操作。
- 2) 主办方提供 5 款巧克力原料, 每款提供 200g。巧克力原料品种为 72% 黑巧克力、65% 黑巧克力、55% 黑巧克力、38% 牛奶巧克力、40% 白巧克力。选手必须使用主办方提供的巧克力制作比赛作品。可以全部使用或是任意选择均可。(请根据实际作品情况进行原料领取, 提倡可持续环保)。其他原材料可自带。
- 3) 口味可以任意搭配, 所有酱汁, 馅料, 蛋糕体必须当场制作完成。
- 4) 选手自带容器及装饰件, 每份重量为 90g-120g

参赛者须现场制作 5 款相同的巧克力熔岩蛋糕 (一份作为展示, 另各摆四份供裁判品尝评分)。

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products



# RULES & REGULATIONS 大赛规则及条例



## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Appearance display, overall impression

According to the materials used, the finished works should reflect the sense of form and artistic sense.

0-15 points

### Taste

Taste diversification and avoid duplication. Rationally use ingredients with textures.

0-35 points

### Difficulty and creativity

Making skills, methods and the complexity of making process

0-25 points

### Practicality and Modernity

Fit the subject moderate in size unique in form exquisite dish arrangement perfect combination

0-10 points

### Hygiene check

0-15 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 外观展示，总体印象

根据所用原料，完成后的作品须体现造型感和艺术感。

0-15 分

### 口味

口味多样化，避免重复。口感食材合理利用。

0-35 分

### 难度及创意性

制作技巧，制作手法，制作工艺的复杂程度。

0-25 分

### 实用性及现代感

符合主题，大小适中，造型独特，摆盘精致，组合完美。

0-10 分

### 卫生及工作清洁

工作场地及个人的整体卫生情况，根据国际卫生条例 HACCP 进行操作。

0-15 分

## PASTRY CHALLENGE

### F. PASTRY & BAKERY COMPETITION

#### 西式甜品挑战赛

#### 甜品烘焙比赛

## Class F-10

### F-10 Gelato Cup Dessert and Gelato Snacks (3 types) - Live

### Gelato 杯子冰淇淋甜品和 Gelato snacks 冰淇淋小点心 (3 种) —现场制作

#### COMPETITION RULES AND REGULATIONS

#### 比赛规则和条例

- 1) 3 single gelato desserts served in containers,
- 2) 3 servings of gelato snacks (3 types), the weight of each snack is required to be 50g, the error range within 10%, each snack must have 1) elements of gelato ice cream, and the proportion of ice cream in the total weight: 50%
- 3) Gelato cup and snack flavors can be repeated.
- 4) All decorations, sauces or inserts may be brought in by the competitor and made in advance (sauces, cereals, cookies, sponge cakes, etc.). A separate container is required to hold a Gelato & Semifreddo (Half Freddo)
- 5) Cookies with crunchy base/fruit jelly/edible decorations, decorated with natural and edible ingredients

- 1) 3 份由容器盛放的单份冰淇淋甜品,
- 2) 3 份盘式冰淇淋小点心 (3 种), 要求每个点心重量 50g 误差: 10%, 每个点心都要有 gelato 冰淇淋的元素, 冰淇淋占比总重量: 50%
- 3) 杯子冰淇淋和冰淇淋小点心口味可以重复
- 4) 所有装饰品、酱料或插入物可以由参赛者带入赛场并事先制作 (酱料、谷物、饼干、海绵蛋糕等)。需要容器单独盛放一个 Gelato & Semifreddo (半弗雷德多)
- 5) 配松脆的基底 / 水果果冻 / 可食用的装饰品饼干, 用天然和可食用材料装饰

The shape of the container is not limited, and the weight of the food needs to be 80-120g

Entrants must demonstrate to the jury:

- Product concept
- Balanced formula
- Technical Description

Game time: 2.5 hours

\* 乳制品需使用官方指定乳制品

\*Dairy products must use official designated dairy products

# RULES & REGULATIONS 大赛规则及条例



容器形状不限制，食物重量需要在 80-120g

参赛者必须向评审团展示：

- 产品理念
- 平衡配方
- 技术说明

比赛时间：2.5 小时

采用的其他分数和评价标准如下：

## JUDGING CRITERIA 评判标准

Total possible points: 100 (no half points will be given)

### Appearance display, overall impression

According to the materials used, the finished works should reflect the sense of form and artistic sense.

0-15 points

### Taste

Taste diversification and avoid duplication. Rationally use ingredients with textures.

0-35 points

### Difficulty and creativity

Making skills, methods and the complexity of making process

0-25 points

### Practicality and Modernity

Fit the subject moderate in size unique in form exquisite dish arrangement perfect combination

0-10 points

### Hygiene check

0-15 points

## 参赛作品最高得分 100 分（无 0.5 分计分）

### 外观展示，总体印象

根据所用原料，完成后的作品须体现造型感和艺术感。

0-15 分

### 口味

口味多样化，避免重复。口感食材合理利用。

0-35 分

### 难度及创意性

制作技巧，制作手法，制作工艺的复杂程度。

0-25 分

### 实用性及现代感

符合主题，大小适中，造型独特，摆盘精致，组合完美。

0-10 分

### 卫生及工作清洁

工作场地及个人的整体卫生情况，根据国际卫生条例 HACCP 进行操作。

0-15 分

# RULES & REGULATIONS 大赛规则及条例



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更新至 2023 年 7 月

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# RULES & REGULATIONS 大赛规则及条例



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## Appendix

### WorldChefs Food Safety Regulations

**The following information is to be read in conjunction with the WORLDCHEFS's Competition Guidelines.**

NOTES: Tasting judges do not share plates, 1 x plate will be as a sample and the other meals will be portioned by a Rookie Jury member or a dedicated wait-person

### The Five Keys to WorldChefs Food Safety in Competitions

The core messages of the Five Keys to Safer Food are: (1) keep clean; (2) separate raw and cooked; (3) cook correctly; (4) keep food at safe temperatures, and (5) selection of safe raw materials to produce the items.

1. **Keep Clean** *(It takes over 2.5 billion bacteria to make 250 ml of water look cloudy, but in some cases, it takes only 15-20 pathogenic bacteria to make one sick)*
  - a. Wash and sanitize all surfaces and cooking equipment in the preparation area of the kitchen.
  - b. Fruits and vegetables need to be washed and packed in appropriate containers.
  - c. The kitchen area needs to be spotless as it is a showcase of our profession.
  - d. All the equipment, tools, utensils, or service wear including knives and knife containers (wraps, etc...) you may be using, must be clean.
  - e. Floor, walls, cabinets and refrigeration in the competition arena, and the cart or transport equipment must be kept clean.
2. **Separate Raw and Cooked** *(Keeping raw and prepared food separate prevents the transfer of microorganisms. Cross-contamination is a term used to describe the transfer of microorganisms from raw to cooked food, and to the equipment used in the vicinity of the food items)*
  - a. All food ingredients should be packed separately and labelled clearly by; name and date of packing, and if required, "use by" date.
  - b. Raw poultry, fish, seafood, and meat proteins are to be housed in their own closed containers. These items must be transported and stored at <5°C (41°F).
  - c. Various packed and labelled dry items can be stored on the same tray.
  - d. Cooked food items must be stored above raw items to avoid drips and cross contamination. There should be no contact between the two items.
3. **Cook Correctly** *(Correct cooking or care of food can kill almost all dangerous microorganisms, which ensure the jury, and guests in attendance, that the food is safe for consumption)*

- a. A standard HACCP sheet should be used in the preparation and cooking of the proteins. Ideally this sheet should contain the following:
    - i. Name of item being cooked
    - ii. Temperature of item prior to cooking
    - iii. Length of time during which the items were subjected to heat
    - iv. The actual temperature upon cooking
    - v. Time at which the cooking process was completed
  - b. Blanched items should be shocked immediately in clean iced water to stop the cooking process, then drained and stored in a clearly labelled and covered container.
  - c. If your National Cuisine needs a partially cooked item to be blanched /dried, then cooked again, please clearly highlight this to the jury members – example Peking Duck. These items are to be held in a clean area to avoid bacteria.
4. **Keep Food at a Safe Temperature** - *Microorganisms multiply quickly if food is not stored correctly. Holding food at a temperature below 5°C (40°F) or above 60°C (140°F), slows down or stops the growth of microorganisms but some dangerous microorganisms can still grow below 5°C (40°F).*
- 5.
- a. As mentioned under **Cooking Correctly**, HACCP sheet should be used in all food preparations.
  - b. Raw proteins can only be left on work table if it is stored on ice, or ice pad, and covered with more ice pad or other cold systems. The temperature of this protein must be kept below 10°C (50°F).
  - c. Cooked food needs to be held above 60°C (140°F) to avoid microbial growth, and ensure the food is served hot to members of the jury and to the guests
  - d. Cooked food can be served à la minute to avoid this.
  - e. A HACCP sheet should be posted on each refrigerator and, or, freezer door. Temperatures must be recorded every hour, and corrective actions must be taken if doors are left open too long.
  - f. Hot food must be cooled to <5°C (4°F) before it can be refrigerated.
  - g. All food items to be refrigerated or kept in the freezer must be covered and labelled.
6. **Selection of Safe Raw materials** (*Raw materials including ice may be contaminated with dangerous microorganisms and chemicals. Toxic chemical can form in mouldy food like fruit and vegetables*)
- a. Temperatures of your produce should be recorded at the market, when you arrive in your preparation facility, and also in your cooking competition kitchen – HACCP.
  - b. Fruits and vegetables should be checked for worms, grubs and mould.
  - c. Fish, seafood and meat proteins need to be <5°C and not bruised or damaged.

- d. Check that fish exhibit all signs of freshness, and verify that they do not have worms or parasites. Verify for signs of freshness.
- e. All dry ingredients, and all fresh, frozen, cured, or smoked food should have the use by or expiring dates checked.

## DRESS STANDARDS

Ideally, all members of a team should be dressed near identically.

1. Chef's jacket – The chefs or team of chefs, should enter the competition arena wearing a clean white, pressed chef's jacket.
2. Chef's hat – Standard chef hats, or competition sponsored hats must be worn. Individual event skull caps may be worn.
3. White apron is the standard apron for competitions. Pale coloured ones, and butcher striped aprons are accepted.
4. Safety style, non-slip, must to be worn. Sport shoes are not allowed in the kitchen.
5. Neckties – are optional.
6. No visible jewellery is to be worn except for a wedding band, ear stud (no more than 7 mm diameter) or sleeper (small rings).
7. No watches to be worn in the competition kitchen.

## PERSONAL HYGIENE

1. Male chefs should be clean shaven.
2. Chefs with beards must wear a beard net.
3. Chefs should be clean and showered and demonstrate good personal hygiene.
4. Hair which touch the collar, or fall below the collar, must be restrained and covered with a hair net.
5. After shave and perfumes must not be over powering
6. Sleeves of chef's jackets must be a minimum of elbow length.
7. Correct footwear must be clean.

## FOOD & DRINK DURING COMPETITION

1. Industrially bottled and packaged beverages may be consumed in the competition kitchen.
2. Industrially produced and packaged energy bars or gels, can be consumed in the competition kitchen.
3. Prepared and cooked foods, like sandwiches or salads, can only be consumed during breaks, and outside the kitchen.

## GENERAL RULES TO FOLLOW

1. Tasting of food must be carried out with disposable single use utensils, or utensils that are washed after each tasting.

2. Remove a sample of a product from the container with one spoon.
3. Transfer the product sample onto a second spoon, away from the original food container or preparation area.
4. Sample the product by tasting.
5. Never re-use used spoons. Use clean and sanitary spoons for each tasting. Always use two spoons to ensure sanitary practices are being followed and the product is not contaminated.
6. Double dipping into sauces or food items with the same spoon is strictly prohibited.
7. Food items in transport, and stored, must be covered with clear plastic or a lid.
8. Ready To Eat food (RTE) should not be handled with bare hands.
9. Equipment acceptable for the handling of cooked food are: tongs, chop sticks, or tweezers.
10. Work areas should always be cleared of unnecessary items.
11. Basic spills should be cleaned up immediately.
12. Knives must be kept clean at all times.
13. Food trimmings should be identified and labelled.
14. Food trimmings from your mise en place, that may be used later, should be kept separately, not mixed together, labelled, and stored at <5°C (41°F).
15. Hand paper towels to be used for work surface ~~bench~~ and hands wiping.
16. Cloth towels should only be used to handle hot items.
17. Cutting boards in PEHD (polyethylene high-density) material are preferred and should be color coded: green for vegetable, red for meat, blue for fish, brown for cooked meats, and violet for vegan.
18. White is acceptable as a neutral color for all tasks. Cutting boards should always be clean.
19. Use of wooden cutting boards is not authorized.
20. Cardboard or any porous containers and boxes are not allowed to enter kitchen.
21. Nothing is allowed to be stored on the floor.

1) Face Mask / Face Shield: When requested by the local health authorities or the organisers

- a. These forms of PPE must be worn during the entire competition while in the competition arena.
- b. They must be changed:
  - i. In preparation for service
  - ii. If they are spoiled in any way
  - iii. Upon returning to the kitchen after any break

## 2) Hand Washing:

It is a 30 second process which must take place;

- a. Upon arrival to the kitchen
- b. At the start of the actual competition
- c. When hands become soiled
- d. On the hour
- e. After handling raw proteins
- f. When each task is finished
- g. After mise en place has been set
- h. Before service
- i. After visiting the wash room
- j. After handling rubbish
- k. At all times upon returning to the kitchen.

## 3) Sanitizing:

Recommended chemical sanitizer must be applied for a minimum of 10 seconds before it can be wiped off with a paper towel or scraper-

- a. All work surface must be sanitized upon arrival into kitchen.
- b. All benches must be sanitized at the start of the competition.
- c. All benches must need to be sanitized as they become soiled.
- d. All benches must be sanitized at the completion of each task.
- e. All benches must be sanitized prior to starting service.
- f. All benches must be sanitized at the end of the competition.

## 4) Aprons:

- a. To enhance and promote our profession, and to avoid cross contamination, chefs should not be working with soiled aprons.
- b. Bib aprons can be used when cleaning proteins.
- c. Aprons should be changed:
  - iv. At the start of the competition
  - v. After working on proteins
  - vi. If they become heavily soiled at any stage
  - vii. Prior to service.

## 5) Gloves:

- c. Gloves do not give an automatic exemption to proper food handling techniques.
- d. Must be worn when handling hot or cold "Ready To Eat" food (RTE), which will be consumed by the jury/public.



## Appendix

- e. Gloves can be worn if working with dirty items, or items that stain, i.e.: beetroot.
- f. Hand injuries should be protected with a band aid/plaster, and covered with a glove.
- g. Changing the gloves is paramount to avoid cross contamination. It is not necessary to wear gloves during the mise en place or food items, unless the food items will not receive any heat treatment.
- h. Gloves need to be changed;
  - i. If you start to use other equipment after touching proteins
  - ii. Before starting service
  - iii. Regularly during service
  - iv. Before and after cleaning of dirty, or staining vegetables or marinades.

### 6) Rubbish:

- a. Small bins are permitted on the work bench.
- b. Neither the small table bins nor the main kitchen bin may overflow.
- c. Rubbish needs to be bagged, and removed each hour of the competition, upon closing of the bags.
- d. Bins should be empty at the start of service
- e. Cleaned and washed at the end of service
- f. Sinks must be used for washing and not to hold dirty pots and rubbish.
- g. Rubbish must be separated – i.e.: paper, plastic, organic, not reusable plastic boxes and containers, organic, and disposed of in designated containers.

### 7) Team Spacing:

Ideally the team should utilize all work areas of the kitchen to avoid close contact, which at time, may be un-avoidable.

### 8) Glass policy:

- a. Control - No glass items are permitted in any format into the competition kitchen. This may pertain to wine, vinegar, soy sauce, tomato paste, oils, drinking vessels, and any other products.
- b. Items must be decentered into appropriate non-breakable packaging prior to stepping into the competition kitchen.
- c. If sponsored items are in glass, these will remain on the central ingredient table(s), away from the competition kitchen. Competitors will retrieve products from this area in non-breakable containers. This rule will also apply to the Community Catering where Commercial products are permitted.

#### 9) Food efficiency (left overs):

- a. In some circumstances, some food excess is unavoidable but this must be controlled. It is how you manage it that will be noted.
- b. If all your portions are not sold – there must be an accountability, tickets Vs Sales Vs food remaining.
- c. 5% excess is acceptable due to a number of kitchen factors, spillage, replacement, wrong table.
- d. Be mindful when planning menus to avoid waste factor, i.e.: “Pommes Parisiennes” or smaller scooped vegetables or fruits.
- e. Useable trimmings / excess of preparations, must be properly packaged and labelled with date and name of product as a minimum.
- f. Such left over food will be reviewed by the kitchen jury before it is taken away.
- g. Deduction for items thrown in the rubbish, or tried to be washed down a sink.

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Organiser



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